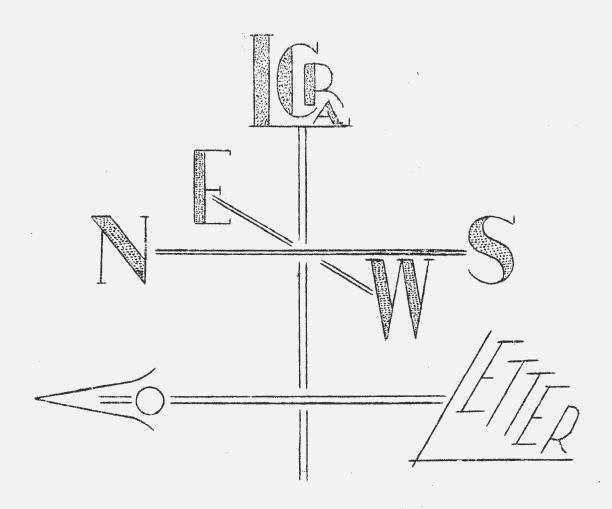
## Liverpool Catholic Ramblers Association



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#### FOURTH SERIES

### MARCH 1970



#### REGISTRAR

Our registrar has made another temporary change of address This time it is to Philip Ward in Ormskirk General Hospital. I am delighted to report that he was in great spirits when I saw him last Thursday (20th Feb) and he said he hoped to be out in 10 days or so.

Unfortunately he had tendered his resignation as he feels it will be to the advantage of the club to have a registrar who attends the club regulary. This means that our Assistant Registrar Marie McCormick will assume the responsibility of Registrar and so her address is given on the front page.

With no assistant Marie is going to be run off her feet especially at the end of each month when the Newsletter is published, so which of you will volunteer your services as her assistant? It is a fasinating job and would suit anyone who liked making alot of friends. Why not have a word with Marie or myself and we will introduce you to your new job and also to your fellow committee members.

#### TENNIS

Tennis in March - Brrr. No Thanks - But hold on a minute. Easter is but one short month away and the season starts shortly after, so dig out our raquets - whiten your shoes and - Service!

#### 25th January, 1970

Thirty of us set off in very lively spirits to the Peak District. Having seen the "A" party on their way, we started ours from Walker Barn with Keith Scott taking us up past Five Ashes farm, down the track alongside the forest. By now we were basking in glorious sunshine and feeling glad the effort had been made to come out.

From then, we progressed steadily to Wildboardlough via Shuttlingslow farm taking in lovely scenery on the way. Once more off the read we journied past a lovely waterfall and had a butty break in pring-like weather.

As the afternoon passed on, we come to the Danebower Hollow path via Cuekoo rocks and across the moorlands. Then within sight of our destination (The Cat and Fiddle), the highest pub in Derbyshire, the mist suddenly came down and cut us off - so near, yet so far away. With mouths dry and gasping, we struggled on the last mile to arrive at our destination for opening time. We made the excuse of keeping the seats warm for the "A" party who arrived later, and included several ladies, all radiant after their ordeal: Both walks were really enjoyable.

The 'Ramblers Choir' entertained us on the way home with many songs from their wide repetoire.

'TENDERFOOT'

ADVANCE NOTICE

SPECIAL CLUB EVEHING

2 m d APRIL 1970

"THE HOOTERS"

(FOLK SINGING GROUP)

BAR AND EXTENSION

# FOOTPATH)

In the Conway area recently, we experienced the fact that weather conditions on high ground can change with alarming speed. Under clear thue skies, we were walking in a winter wonderland of sunshine and snow-covered mountains.

Then, minutes later, as the temperature dropped, we suddenly found ourselves fighting against a biting blizzard. Luckily, both parties got down into the valley where conditions were not as severe.

Last March, our Club had the Mauntain rescue out (as many of you know) and we made headline news. We can help to avoid a repeat performance by observing the following precautions for Mountain safety:-

- 1. Wear BOCTS (not shoes) fitted with rubber mountaineering soles (Commando Vibram etc..)
- 2. Have plenty of warm clothing, especially wind and rainproof outer garments (jacket or anorak with HOOD, and over trousers). Never wear JEANS: when wet and subjected to a cold wind they are liable to cause 'exposure' (hypothermia) a dangerous and often fatal condition which can occur at ANY TIME OF THE YEAR, even in Summer.
- 3. Have a reserve supply of food in case of emergency. A hot drink in a vacuum flask is strongly recommended. Torches should be carried on Winter rambles.
- 4. Leaders should not hesitate to turn back or cut a walk short if the weather deteriorates, or if the route is too much for you or one of your companions. Pressing on, is folly, not pluck, and can have disastrous results. STAY TOGETHER AS A GROUP AND ACCEPT ALL DECISIONS BY THE LEADER.

COACHES on rambles in future may be smaller (29 seaters) except for certain high-attendances. To make sure of your seat you must book in advance. If you fail to turn up, you will NOT have to pay the full fare but will be liable to lose your deposit.

See club notice board for details of forthcoming rambles.

#### LONG WALK FOR WALES

"Ramblers' on holiday will be able to walk along the entire length of the Penbrokeshire coast when Wales opens its first long-distance footpath in May.

Negotiations for the 183 mile path, conducted by the Pembrokeshire County Council, the Countryside Commission and the Penbrokeshire National Park, have taken 10 years. More than 200 farmers have signed greenents to allow the public to use it all the way from Amroth to St. Dogmaels and the Teifi estuary. Dozens of stiles will have to be erected and maintained to keep it open.

The path, one of Wales's contributions to European Conservation Year, hugs the coastline, except for detours round the military establishment at Manorbier and the Castlemartin tank range just outside Broadhaven.

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Next year there will be a second long-distance path along Offa's Dyke, tracing the course of the Welsh border from Chepstow to Prestatyn."

WALKERS COACHES suprised us all recently when they cancelled their contract with us over a disagreement on the cost of the Keswick Weekend. However, we are not without transport and Kenilworth Tours are willing to do business with us.

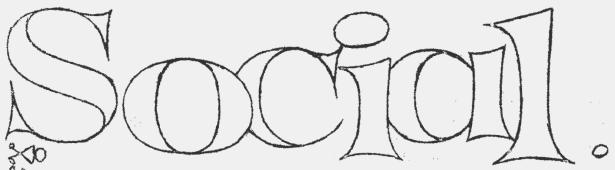
There have recently been complaints of disorderly conduct on some coaches. Please remember that we are the Catholic Ramblers and not some Rugby Team on a Blackpool outing!

#### CONGRATULATIONS:-

To Colette Morris and Mike Donnelly who were 21 recently.

To Monice and Frank Rowe on the birth of their baby daughter.

To Pauline Draper and Tony Collins on their engagement.



The socials seem to be up and down lately, more down than up — It seems to be a self generating problem. The socials get going later every week so people come later and so the socials start later.

Half the trouble is the Phil! - so to counteract that, we are having our own bar on 2nd April when we also hope to have the 'Hooters'. Those of you who know this folk group will also know how good they are. Come along early though or you may find the place packed out. I am told their fans follow them everywhere.

Another reason for the apathy at recent Thursday night socials is the stereotyped sameness of events. - The same old dances, records, people - Well that just isn't true, as we have had quite a few new members along lately. As for records, If you don't like the ones we have at the Club, bring some of your own.

Now by way of doing something different. Since the Reunion Dance was such a success, we thought a similar event might go down well. So in the near future we are having a dance, but this time to cater for those who cannot afford an " " " expensive night, we shall cut costs to an absolute minimum, Later we may have a Dinner Dance - it so do come along. all depends on YOU. It seems that as always, money is the key factor, I mean some people even have to toss up whether to spend the 3/- on coming across to the Social or staying in the Phil and having another pint. - It's all a question of priorities. Stal there are all the old faithfuls who will do anything to hang on even when times are bad. For instance there's Des and Shirley going in for a joint membership on the principle of, two can live as cheaply as one! Best wishes to you both anyway - we all look forward to what the new power behind the Chairman will produce!

Also Best wishes to Mike and Brenda - Great picture in the Echo, pity you couldn't have slipped in a plug for the Ramblers, not even a pair of hiking boots!

A final thought, the best social event of the month is always the social committee meeting, so if you've got an idea you think you could see through, come along and try us out.

## IN THE TENNIS

## ANNUAL GENERAL MEETING

AND DANCE

WILL BE HELD ON

SATURDAY MARCH 21st

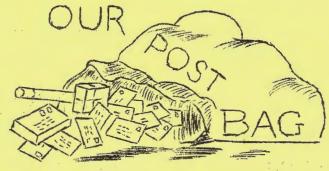
IN THE

TENNIS PAVILION

LANCE GROVE WAVERTREE.

A.G.M. to start at 7-30 p.m.

A small charge will be made to cover the cost of refreshments.



Dear Editor,

I don't know who to thank either the M.C. Pete, or the members for last Thursday's (12 Feb) successful social, For the first time in many weeks we had a really lively session of country dancing whilst also pleasing those who like to hear beat records.

It was particularly fortunate that the social was good because I met for a minute on Thursday a new member who had only arrived from Australia on or about the Saturday beforehand.

In Australia Mike is in the Catholic Trampers Assocand had not realised till he read the Liverpool Echo that we had such Associations and he chose the L.C.R.A. He was so please with the country dancing that he intends to tell his friends and fellow club men, when he returns to Australia, about our dancing.

Let's hope he doesn't need to write down instructions - I hope he will have done them so often at our future lively socials that they will be second nature to him. He will be a representative of the L.C.R.A. and its traditions in Australia.

Thanks again to Pete, and the social Committee.

Yours etc ..

An ordent fan of country dancing.

ED. NOTE - It would create more interest if correspondants would sign their letters to the Editor!

#### MATCHES

CONGRATULATIONS TO Mike Parr and Brondo who were married on Saturday 14th February, '70 also to Des Titherington and Shirley who were married today 26th February, '70.